## SS22120 - Sport & Exercise Physiology



1.

Kenney WL, Wilmore JH, Costill DL. Physiology of Sport and Exercise. 5th ed. Human Kinetics; 2012.

2.

Cheung SS. Advanced Environmental Exercise Physiology. Vol Advanced exercise physiology series. Human Kinetics; 2010. http://www.vlebooks.com/vleweb/product/openreader?id=AberystUni&isbn=97814504040 37

3.

Cheung SS. Advanced Environmental Exercise Physiology. Vol Advanced exercise physiology series. Human Kinetics; 2010. http://eu.alma.exlibrisgroup.com/view/action/uresolver.do?operation=resolveService&package\_service\_id=3037307370002418&institutionId=2418&customerId=2415

4.

Bompa TO, Bompa TO. Periodization: Theory and Methodology Ot Training. 4th ed. Human Kinetics; 1999.