## SS22120 - Sport & Exercise Physiology



Bompa, Tudor O., and Tudor O. Bompa. 1999. Periodization: Theory and Methodology Ot Training. 4th ed. Champaign, IL: Human Kinetics.

Cheung, Stephen S. 2010a. Advanced Environmental Exercise Physiology. Vol. Advanced exercise physiology series. Champaigne, III: Human Kinetics.

Cheung, Stephen S. 2010b. Advanced Environmental Exercise Physiology. Vol. Advanced exercise physiology series. Champaigne, III: Human Kinetics.

Kenney, W. Larry, Jack H. Wilmore, and David L. Costill. 2012. Physiology of Sport and Exercise. 5th ed. Champaign, Ill: Human Kinetics.