

SS22120 - Sport & Exercise Physiology

[View Online](#)

[1]

W. L. Kenney, J. H. Wilmore, and D. L. Costill, Physiology of sport and exercise, 5th ed. Champaign, Ill: Human Kinetics, 2012.

[2]

S. S. Cheung, Advanced environmental exercise physiology, vol. Advanced exercise physiology series. Champaign, Ill: Human Kinetics, 2010 [Online]. Available: <http://www.vlebooks.com/vleweb/product/openreader?id=AberystUni&isbn=9781450404037>

[3]

S. S. Cheung, Advanced environmental exercise physiology, vol. Advanced exercise physiology series. Champaign, Ill: Human Kinetics, 2010 [Online]. Available: http://eu.alma.exlibrisgroup.com/view/action/uresolver.do?operation=resolveService&package_service_id=3037307370002418&institutionId=2418&customerId=2415

[4]

T. O. Bompa and T. O. Bompa, Periodization: theory and methodology of training, 4th ed. Champaign, IL: Human Kinetics, 1999.