

SS13210 - Foundations of Sport Psychology

View Online



Tod, David, Joanne Thatcher, and Rachel Rahman. 2010. Sport Psychology. Vol. Palgrave insights in psychology. Basingstoke: Palgrave Macmillan.

Weinberg, Robert S., and Daniel Gould. 2011. Foundations of Sport and Exercise Psychology. 5th ed. Champaign, Ill: Human Kinetics.

Weinberg, Robert S., and Daniel Gould. 2015. Foundations of Sport and Exercise Psychology. Sixth edition. Champaign, IL: Human Kinetics.