

SS13210 - Foundations of Sport Psychology

[View Online](#)

1

Weinberg RS, Gould D. Foundations of sport and exercise psychology. Sixth edition. Champaign, IL: : Human Kinetics 2015.

2

Weinberg RS, Gould D. Foundations of sport and exercise psychology. 5th ed. Champaign, IL: : Human Kinetics 2011.

3

Tod D, Thatcher J, Rahman R. Sport psychology. Basingstoke: : Palgrave Macmillan 2010.