

SS13210 - Foundations of Sport Psychology

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[1]

R. S. Weinberg and D. Gould, Foundations of sport and exercise psychology, Sixth edition. Champaign, IL: Human Kinetics, 2015.

[2]

R. S. Weinberg and D. Gould, Foundations of sport and exercise psychology, 5th ed. Champaign, Ill: Human Kinetics, 2011.

[3]

D. Tod, J. Thatcher, and R. Rahman, Sport psychology, vol. Palgrave insights in psychology. Basingstoke: Palgrave Macmillan, 2010.