

# SS13210 - Foundations of Sport Psychology

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1.

Weinberg RS, Gould D. Foundations of sport and exercise psychology. Sixth edition. Champaign, IL: Human Kinetics; 2015.

2.

Weinberg RS, Gould D. Foundations of sport and exercise psychology. 5th ed. Champaign, IL: Human Kinetics; 2011.

3.

Tod D, Thatcher J, Rahman R. Sport psychology. Vol. Palgrave insights in psychology. Basingstoke: Palgrave Macmillan; 2010.